

#### Equity Nepal 1 Year Project Impact in the Blind Society

Supporting Partner







### Introduction

Equity Nepal is to empowering visually impaired children through education by providing them with the necessary support including scholarships, school supplies, and mentorship to assist them in obtaining a quality education and developing their skills and talents.

### Why We Chose Blind?

In Nepal, blinds comparatively have limited access to almost all services, such as education, skills training for economic empowerment, and health care, due to accessibility challenges, cost and other reasons.

Visually impaired kids also don't have a lot of access to social and emotional support or chances to become independent, which is important for making a smooth transition into early adulthood. Also, Nepal doesn't have many schools where blind students can learn together, which would be better for blind students in Nepal.

Equity Nepal wants to help kids in Nepal who are poor, socially orphaned, underprivileged, or have special needs with their schooling in this way. The organization gives priority to visually impaired children from low-income families because they are the most needy people in Nepal.

### Project Goal

• To provide visually impaired children with comprehensive support, education, and advocacy.

By addressing their unique needs and fostering a supportive environment, we aim to pave the way for a future where every visually impaired child can thrive and contribute meaningfully to the world around them.



### **Project Goal**

To give visually impaired children full support, education, and advocacy so they can grow up to be confident, independent, and active part of society.

### **Project Mission**

A world where visually impaired children have the same chances, an education that includes them, and the help they need to succeed.

### **Project Vision**

Helping visually impaired children overcome obstacles, reach their full potential, and live fulfilling lives.

### Project Achievements

The significant milestones and positive outcomes that our project has accomplished:

- Career Counselling
- Basic Life Skills
- Skill Based Trainings
- Health Care
- Hostel Care
- Educational Support

## **Career Counselling**

The goal of Equity Nepal's Career Counseling program is to help visually impaired youth make good decisions about their futures.

We have been providing a variety of services as part of our Career Counseling program, including ability tests, opportunities for vocational training, assistance in creating a resume and preparing for interviews, and assistance in finding a job.



## **Basic Life Skills**

We have been providing children with visual impairments with the necessary knowledge for independent living at home, school, and in the community.

Children with visual impairments are learning following independent living skills through the joint efforts of parents, teachers, and communities.

- Kitchen Skills
- Personal Hygiene Care
- Clothing Care



- Smartphone Training
- Mobility Training

## **Skilled Based Training**

We made certain that the visually impaired students master the blindness skills that are absolutely necessary for independence and self-sufficiency.

**Computer Class:** We provide a wide range of classes, from the basics of computers, typing, and using the internet to more advanced lessons on software applications.

**Music Class:** Organizes the music program twice a week, covering a range of musical disciplines, including vocal training, instrumental lessons, music theory, & group performances.



## Health Care

Our Health Checkup Campaign includes **full checkups** and **screenings**, with a special focus on **finding** and **fixing** any health problems that could affect the children. To ensure the best care, we work closely with doctors and nurses who specialize in working with children who are blind or have low vision.

We provide **timely and regular health checkups** to make sure that the children receive the ongoing medical care they need. We also **assist with medical equipment** and **supplies** so that the children have ways to manage their health at home.





## Hostel Care

Equity Nepal provides a **hostel facility to 20 children** in **Lolang**, located at **Tarkeshwor 5**, **Kathmandu**. Our hostel care provides a home, ensuring that the children have a supportive and comfortable living environment.

The hostel has been designed to provide children with a comfortable and homely life, which includes beds, adequate ventilation, nutritious meals, and clean toilets. The infrastructure is visually impairments friendly.



# **Educational Support**

Educational support to the visually impaired children can benefit in everyday common experiences essential to the development of a keen awareness of the realities of the world around them through local education.

We aim that the children demonstrate their true worth with proper technical assistance, consultation given to regular classroom teachers, and a broad educational environment.

- Braille Lessons for beginners
- Regular School Stationery



- Regular Tuition Classes
- Provision of School Uniforms

#### **Factors Contributing Increasing Number of Blinds in Nepal**

- Many blind children are from mountain regions of Nepal considering high altitude to be one of the reasons of blindness in children.
- Genetic factors contribute to blindness, especially when both parents are visually impaired.
- Early childhood vision loss without timely treatment resulting in complete blindness.
- Various accidents leading to vision loss, emphasizing the importance of prompt and appropriate medical intervention.
- Some cases attribute blindness to incorrect medication and surgical negligence during early childhood.

**Conclusion:** In developing countries like Nepal, numerous factors contribute to childhood blindness, underscoring the need for timely and proper medical intervention. A robust healthcare system is crucial to mitigate these challenges.



#### Why Tuition & Music Classes Are Provided?

- Regular English and math classes support students in their school assessments.
- English and math tuition helps children from rural areas compete with their peers in government schools.
- Music and dance classes offer opportunities for skill development and potential career paths.
- Computer classes enable blind students to use technology, fostering independence and equal opportunities.



- Tuition classes aim to prepare students for better studies so that they can compete in the job market with good education qualification.
- Government jobs like government school teachers are considered to be one of the best jobs for blinds in Nepal for which our tuition classes are helping them to have the good English base.

#### Why Are We Providing Financial Assistance?

The children come from socially orphaned and financially weak backgrounds in rural Nepal having limited availability of resources as well as blind-integrated schools across the country.

Our government lacks to provide enough scholarships and allowances for the needs of blind students. Due to inadequacy of proper government policy for financial assistance, blind children challenges in finding blind-friendly accommodations in cities like Kathmandu.

Government scholarship of Nrp. 40,000 per year can not contribute much for any child if they are studying in Kathmandu in a rented room.

Our Role:

- Providing financial assistance to bridge the gap.
- Career planning support for a successful future.



### **Project Accomplishments**

Two of our children graduated from secondary education with an A grade and continuing their bachelor's degree along with preparation to be a teacher to be financially independent. In addition, the organization is working to raise awareness about blindness and the difficulties faced by blind children in Nepal through the use of website blogs.



Over the past few months, more than 15 children who are partially blind have received the best eye care facilities regarding their ongoing vision improvements.

#### **Meet The Team**



Menuka Thapa

Project coordinator





Renuka Magar Admin Officer



**Binod Prasad Sharma** Hostel Warden



Bhakti Maya Magar

Kitchen Head



Sunita Pandey Kitchen Helper and Care Taker



Tulasi Magar **English Tuition Teacher** 



Prarthana Dahal Maths Tuition Teacher



Yognath Sharma Music Teacher



Sunita Lamsal Website Blogger

#### Thank You!



Equity Nepal

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